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feb 9 2023 overview urinary incontinence the loss of bladder control is a common and often embarrassing problem the severity ranges from occasionally leaking urine when you cough or

feb 9 2023 treatment treatment for urinary incontinence depends on the type of incontinence its severity and the underlying cause a combination of treatments may be needed if an underlying

if you have bladder control problems don't let embarrassment keep you from getting the help you need. Leaking urine, having to urinate a lot, and other symptoms of urinary incontinence aren't just a

[illegible]

may 10 2025 bladder control problems such as leaking urine are common fortunately there are simple ways to improve bladder control and quality of life these lifestyle changes work and are safe

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